

# UNIVERSAL CHILD HEALTH RECORD

Endorsed by: American Academy of Pediatrics, New Jersey Chapter  
New Jersey Academy of Family Physicians  
New Jersey Department of Health

| SECTION I - TO BE COMPLETED BY PARENT(S)   |                |  |   |   |                      |
|--|----------------|--|---|---|----------------------|
| Child's Name (Last)  |                | (First)  |   | Gender<br><input type="checkbox"/> Male <input type="checkbox"/> Female                       | Date of Birth<br>/ / |
| Does Child Have Health Insurance?<br><input type="checkbox"/> Yes <input type="checkbox"/> No  |                | If Yes, Name of Child's Health Insurance Carrier                                     |   |   |                      |
| Parent/Guardian Name   |                | Home Telephone Number<br>( ) -   |   | Work Telephone/Cell Phone Number<br>( ) -   |                      |
| Parent/Guardian Name   |                | Home Telephone Number<br>( ) -   |   | Work Telephone/Cell Phone Number<br>( ) -   |                      |
| <b>I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.</b>   |                |  |   |   |                      |
| Signature/Date   |                |  |   | This form may be released to WIC.<br><input type="checkbox"/> Yes <input type="checkbox"/> No |                      |
| SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER   |                |  |   |   |                      |
| Date of Physical Examination:  |                |  | Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No                    |   |                      |
| Abnormalities Noted:   |                |  | Weight (must be taken within 30 days for WIC)   |   |                      |
|  |                |  | Height (must be taken within 30 days for WIC)   |   |                      |
|  |                |  | Head Circumference (if <2 Years)  |   |                      |
|  |                |  | Blood Pressure (if ≥3 Years)  |   |                      |
| <b>IMMUNIZATIONS</b>   |                |  | <input type="checkbox"/> Immunization Record Attached<br><input type="checkbox"/> Date Next Immunization Due: _____ |   |                      |
| <b>MEDICAL CONDITIONS</b>  |                |  |   |   |                      |
| Chronic Medical Conditions/Related Surgeries<br>• List medical conditions/ongoing surgical concerns:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Medications/Treatments<br>• List medications/treatments:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Limitations to Physical Activity<br>• List limitations/special considerations:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Special Equipment Needs<br>• List items necessary for daily activities   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Allergies/Sensitivities<br>• List allergies:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Special Diet/Vitamin & Mineral Supplements<br>• List dietary specifications:   |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Behavioral Issues/Mental Health Diagnosis<br>• List behavioral/mental health issues/concerns:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| Emergency Plans<br>• List emergency plan that might be needed and the sign/symptoms to watch for:  |                | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached |   | Comments  |                      |
| <b>PREVENTIVE HEALTH SCREENINGS</b>  |                |  |   |   |                      |
| Type Screening   | Date Performed | Record Value   | Type Screening  | Date Performed  | Note If Abnormal     |
| Hgb/Hct  |                |  | Hearing   |   |                      |
| Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous   |                |  | Vision  |   |                      |
| TB (mm of Induration)  |                |  | Dental  |   |                      |
| Other:   |                |  | Developmental   |   |                      |
| Other:   |                |  | Scoliosis   |   |                      |
| <input type="checkbox"/> I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above. |                |  |   |   |                      |
| Name of Health Care Provider (Print)   |                |  | Health Care Provider Stamp:   |   |                      |
| Signature/Date   |                |  |   |   |                      |