

# Support a Senior!

## Become a Meals on Wheels Community Champion

Sponsors will receive a banner to display, showcasing their support for seniors in Monmouth County.

\$2,500 Platinum Sponsor (4'x2' Banner)

\$1,000 Gold Sponsor (4'x2' Banner)

\$500 Silver Sponsor (2'x1' Banner)

\$250 Bronze Sponsor (2'x1' Banner)




**2026**  
Meals on Wheels  
**COMMUNITY CHAMPION**  
<Sponsor Name>  
<Sponsor Level>  
Supporting senior citizens across Monmouth County.



**CLICK HERE** to donate or use the enclosed return envelope.



Congregate Meal service in Neptune, NJ

## Marching for Meals at the AP St. Patrick's Day Parade!



# Donate



# Follow Us



We appreciate your continued support and welcome you to get involved!

Visit our website [interfaithneighbors.org](http://interfaithneighbors.org)

Interfaith Neighbors, Inc.  
810 Fourth Avenue  
Asbury Park, NJ 07712  
732-775-0525



## March 2026 March for Meals

*"Meals on Wheels is an essential service. We're out driving door to door in the snow and delivering meals to seniors' doorsteps who can't leave their homes to get food or shovel their driveway."*

*-Beth Paterno, Program Director*



Every March, we draw attention to our seniors in need, and highlight Meals on Wheels Monmouth County, operated by Interfaith Neighbors!

We invite you to **March for Meals** with us to raise awareness and funds for our programming, providing nutritious meals and social interaction to over 800 homebound seniors and six congregate meals sites across Monmouth County each weekday.

## Did you know?

**14 million seniors are threatened by or experience hunger**



**1 IN 2 SENIORS** LIVING ALONE lacks the income to pay for basic needs

**56% of seniors report feeling lonely**

## How We Help

- **Nutritious meals from Eat Clean Bro delivered for every weekday**



say the meals help improve their health



- **Daily health checks and friendly faces**



say the services help them feel more secure



Hello Friends,  
Mother Nature certainly kept us on our toes this year, “gifting” us a winter that has been unusually cold and unexpectedly snowy! For many of our homebound seniors, the long days, dark evenings, and freezing temperatures bring more than just weather-related discomfort—they deepen isolation and anxiety. For over 30 years, Interfaith Neighbors has played a critical role in ensuring the wellness of seniors living in Monmouth County, providing Meals on Wheels services and regular wellness checks.

We are incredibly grateful to our Meals on Wheels staff and long-time volunteers who are dedicated to delivering more than a nutritious meal. They provide safety checks, familiar smiles, and human connection. In the coldest months of the year these visits can be the difference between loneliness and knowing someone cares. Equally important are our congregate meal sites, where older adults can gather, share a warm meal, and enjoy companionship. These spaces foster community, dignity, and independence, combating isolation in powerful ways.

We appreciate the many donors and supporters who understand the challenges our seniors face and want to take part in ensuring their wellness. Please know that your compassion fuels this lifeline for seniors in our community.

As we **March for Meals** this year, please remember the need does not end in March. Our commitment and your impact last all year long!

Sincerely,

**Paul L. McEvily**  
Executive Director

## Overcoming Setbacks

Escalated food prices and gas prices coupled with government funding cuts have caused setbacks across the country for Meals on Wheels providers, including Interfaith Neighbors.



**1 in 3 Meals on Wheels providers has a waitlist** with seniors waiting on average 4 months for meals

While Interfaith Neighbors secured funding to eliminate our 2025 waitlist, your support is essential in continuing to meet the needs of Monmouth County seniors.

In addition, an unprecedented Winter in Monmouth County, filled with ongoing snow and ice, caused significant roadblocks for delivery drivers and volunteers.



**But with preparation and determination, the Interfaith Neighbors team continues to show up for seniors in need.**

*“Our clients are amazed to see us getting to their doors after a foot of snow. But we do it happily because they need us. We know without us, they would not have food to eat or someone to check on them.”*  
-Brandon Terry, Transportation Coordinator